Students

SUN SAFETY

The Board desires to support the prevention of excessive UV radiation exposure by students and to assist students in developing sun-safe habits to use throughout their lives. Students shall be encouraged to take reasonable measures to protect their skin and eyes from overexposure to the sun while on campus, while attending school-sponsored activities, or while under the supervision and control of district employees.

To encourage and assist students to avoid overexposure to the sun when they are outdoors:

1. Students shall be allowed to wear sun-protective clothing, including, but not limited to, hats. (Education Code 35183.5)

2. Students shall be allowed to wear UV-protective sunglasses outdoors.

3. Students shall be allowed to use sunscreen during the school day without a physician’s note or prescription. (Education Code 35183.5)

4. Students shall be allowed to use UV-protective lip balm.

The Superintendent or designee shall evaluate the adequacy of shaded and/or indoor areas for recreation at each school and shall consider the provision of sufficient shaded areas in plans for new construction or modernization of facilities.

(cf. 1020 - Youth Services)
(cf. 5141.6 - Student Health and Social Services)
(cf. 6142.8 - Comprehensive Health Education)
(cf. 6142.7 - Physical Education)
(cf. 6153 - School-Sponsored Trips)
(cf. 5132 - Dress and Grooming)
(cf. 7000 - Facilities Master Plan)

Legal Reference:
EDUCATION CODE
35183.5 Sun protection
51210 Courses of study, grades 1-6
51220 Courses of study, grades 7-12
51890-51891 Comprehensive health education programs
SUN SAFETY (continued)

Management Resources:

CSBA GOVERNANCE AND POLICY SERVICES BRIEFS
Sun Safety in Schools, July 2006

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS
Health Framework for California Public Schools: Kindergarten Through Grade Twelve, 2003

CALIFORNIA DEPARTMENT OF HEALTH SERVICES PUBLICATIONS
School Systems: The Importance of Promoting and Providing Sun Protection, 2006
California Early Childhood Sun Protection Curriculum, rev. April 1999

CALIFORNIA STATE PTA RESOLUTIONS
Sun Safety: Skin Cancer Prevention Measures at School, May 1, 2005

CENTERS FOR DISEASE CONTROL PUBLICATIONS
Guidelines for School Programs to Prevent Skin Cancer, April 26, 2002

NATIONAL ASSOCIATION OF STATE BOARDS OF EDUCATION
Fit, Healthy and Ready to Learn: Part II: Policies to Promote Sun Safety and Prevent Skin Cancer, 2002

WORLD HEALTH ORGANIZATION PUBLICATIONS
Sun Protection and Schools: How to Make a Difference, 2003
Sun Protection: A Primary Teaching Resource, 2003

WEB SITES
American Association for Health Education: http://www.aahperd.org/aahe
American Cancer Society: http://www.cancer.org
American School Health Association: http://www.ashaweb.org
California Department of Education, Health Services: http://www.cde.ca.gov/ls/he
California Department of Health Services, Skin Cancer Prevention Program:
http://www.dhs.ca.gov/ps/cdic/cpns/skin
California State PTA: http://www.capta.org
Centers for Disease Control and Prevention: http://www.cdc.gov
National Association of State Boards of Education: http://www.nasbe.org
National Council on Skin Cancer Prevention: http://www.skincancerprevention.org
Sun Safety for Kids: http://www.sunsafetyforkids.org
U.S. Environmental Protection Agency, Sunwise Program: http://www.epa.gov/sunwise
UV Index: http://www.epa.gov/sunwise/uvindex.html
World Health Organization: http://www.who.int

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