



2018  
Natomas High School Athletics

**CROSS COUNTRY**

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>	<u>Bus</u>
<b>Wednesday</b>	<b>9/26</b>	<b>Center Meet #1</b>	<b>Elk Grove Regional Park</b>	<b>9:30a</b>	<b>7:30a</b>
Saturday	9/29	Capital Cross	Haggin Oaks	8:00a	
<b>Wednesday</b>	<b>10/10</b>	<b>Center Meet #2</b>	<b>Elk Grove Regional Park</b>	<b>9:30a</b>	<b>7:30a</b>
Saturday	10/13	Natomas 5k	Inderkum High School	8:00a	
Saturday	10/20	Sac Flat	Gibson Ranch	8:00a	
<b>Wednesday</b>	<b>10/24</b>	<b>League Meet</b>	<b>Elk Grove Regional Park</b>	<b>9:30a</b>	<b>7:30a</b>
Saturday	11/3	Subsection Meet	Angel's Camp	TBD	
Saturday	11/10	Section Meet	Willow Hill, Folsom	TBD	
Saturday	11/24	State Meet	Woodward Park	TBD	

**Bold – Greater Sacramento League Contest**

**Boys Head Coach: Jeremy Arsich x3709 - [jarsich@natomasunified.org](mailto:jarsich@natomasunified.org)**

**Girls Head Coach: Kim Taxara x3805 - [ktaxara@natomasunified.org](mailto:ktaxara@natomasunified.org)**

**Athletic Director:**

**Principal: Scott Pitts x 3019 - [spitts@natomasunified.org](mailto:spitts@natomasunified.org)**

**Mascot: Nighthawk**

**Colors: Burgundy / Silver**