



Warm Weather Guidelines

We wanted to provide a few protocols we have in place to help keep kids on how we help keep kids cool, as the temperature heats up:

- If the temperature outside reaches 90 degrees or higher, we keep the kids inside.
- Our staff frequently monitors the temperature and makes a determination based on the temperature and activities scheduled whether or not to bring them inside.
- Along with the warm weather comes *Spare the Air days*. When these occur, we limit the time spent outside, typically to about 15 minutes at a time (same applies to 95 degrees or higher temperatures). This limits the exposure to the warm weather and pollutants, and at the same time allows them to burn off some stored energy.
- Realizing students have varying degrees of heat tolerance, students are always welcome to come inside the BASE room to cool off, and read a book or do homework.



- While outside, the students are encouraged to drink plenty of water. They are also encouraged by staff to take short breaks in shady, cool areas.
- During the school year, parents are encouraged to apply sunscreen to their children before school.
- Over the Summer (when school is not in session), we will apply spray-on sunscreen 3x a day for students whose parents have completed the Sunscreen Permission Slip found in the registration packet.

Thank you, and keep cool!!