

HERON SCHOOL FRIDAY FLYER

Week of May 22nd-26th



UPCOMING DATES TO REMEMBER

May 23rd	8th Grade Promotion In the IHS gym @ 6:30
May 23-25	Flyer Fest
May 25	8th Grade BBQ 6pm-8pm at Heron
May 26	8th Grade Breakfast in MPR at 9:30
May 26	Last Day of School; Early Dismissal TK-K dismissed at 12:48pm 1st-8th dismissed at 1:05 pm

[District Lunch Menu](#)

MONDAY - 5/22 Chicken & Waffles

TUESDAY- 5/23 Cheese Ravioli

WEDNESDAY - 5/24

THURSDAY- 5/25

FRIDAY - 5/26 Cheese Pizza

MESSAGE FROM MRS. SCHULZKUMP

Heron Families:

It is hard to believe that we only have one more week of school. I would like to take this opportunity to thank our 22-23 Middle School Leadership Crew. They have done a wonderful job with events, spirit days, games during assemblies, and Friday announcements. I look forward to working with our 23-24 Middle School Leadership Crew next year.

This past week our students have had the opportunity to participate in a variety of activities. Students attended field trips, play productions took place, the amazing animal world was on campus, and students were able to Dragon Droll Mr. Dave. Next week is going to be just as busy. Students in 6th-8th grade will be participating in our annual Flyer Fest. You can find the schedule of events below. We will also celebrate our 8th grade students on Tuesday, May 23rd at Inderkum High School at their promotion. Later in the week we will have an 8th grade BBQ and then an 8th grade breakfast on the last day of school.



In partnership,
Stephanie Schulzkump
Heron Principal

Flyer Fest Schedule For May 22nd-25th

Monday

1:25-2:25 Team Meeting/practice

Tuesday

8:30-8:55 Teams meet at headquarters

9:00-9:15 Opening Ceremony

9:20-9:40 Mini Marathon 1st Heat (Teal, Royal, White)

9:40-10:00 Mini Marathon 2nd Heat (Red, Purple, Pink)

10:00-10:20 Mini Marathon 3rd Heat (Yellow, Green, Navy)

10:30-11:15 Basketball Relay Prelims

10:30 Yellow and Pink

10:45 Navy and Red

11:00 Green and White

11:15 Purple and Royal

11:40-12:10 The Scholastic Bowl

Wednesday

8:30-8:55 Teams meet at headquarters

9:00-9:20 Scholastic Bowl

9:30-9:50 Basketball Relay Final 4

9:30 Semi Final 2 vs. 3

9:35 Semi Final 1 vs. 4

9:40 3rd Place Game

9:45 Championship Game

10:00-12:00 Castle Keep Tourney Day 1 (see tournament bracket)

Thursday

8:30-8:55 Teams meet at headquarters

9:00-9:20 Scholastic Bowl

9:30-10:00 Castle Keep Tourney Championship

10:05-11:15 Tug-O-War Tournament (see tournament bracket)

11:20-11:45 Campus Clean-up

11:50-12:13 Closing Ceremony/Trophy Presentation

Parent Square Coming to all NUSD Schools Fall 2023

We are excited to announce that our school district is moving to one communication platform for next school year. It will be ParentSquare! This will help to streamline the communication that families receive from their student's school, teacher, and district office.

Some of the features of using ParentSquare include:

- Receive all school, classroom, and group communication via email, text, or app notification
- See important calendar events and RSVP to them
- See photos, links, and attachments
- Sign up to volunteer or bring items
- Join and participate in groups
- Send private messages to teachers or staff
- More than 125 languages available
- Appreciate those who post message (please give them generously!)

You will receive information soon on how to gain access to ParentSquare for the new school year. There will be incentives and promotions for families who get started with ParentSquare early. To learn more about ParentSquare, visit the NUSD ParentSquare [website](#).

A message from your School Wellness Social Worker, Ms. Melissa

Did you know the NUSD community can visit [Caresolace](#) to make a complimentary, confidential referral for outside mental health counseling for you or a family member?

For more information, you can visit Heron's [Student Support Corner](#) to learn about mental health warning signs, or to schedule a consultation with me.

Varsity Tutoring Service

We're thrilled to announce our partnership with Varsity Tutors for Schools, meaning your student now has access to **free personalized tutoring and learning support** whenever and wherever they need it.

With this new resource, our goal is to provide more equitable support for students of any background, as well as personalized learning to help them focus on where they need the most help.

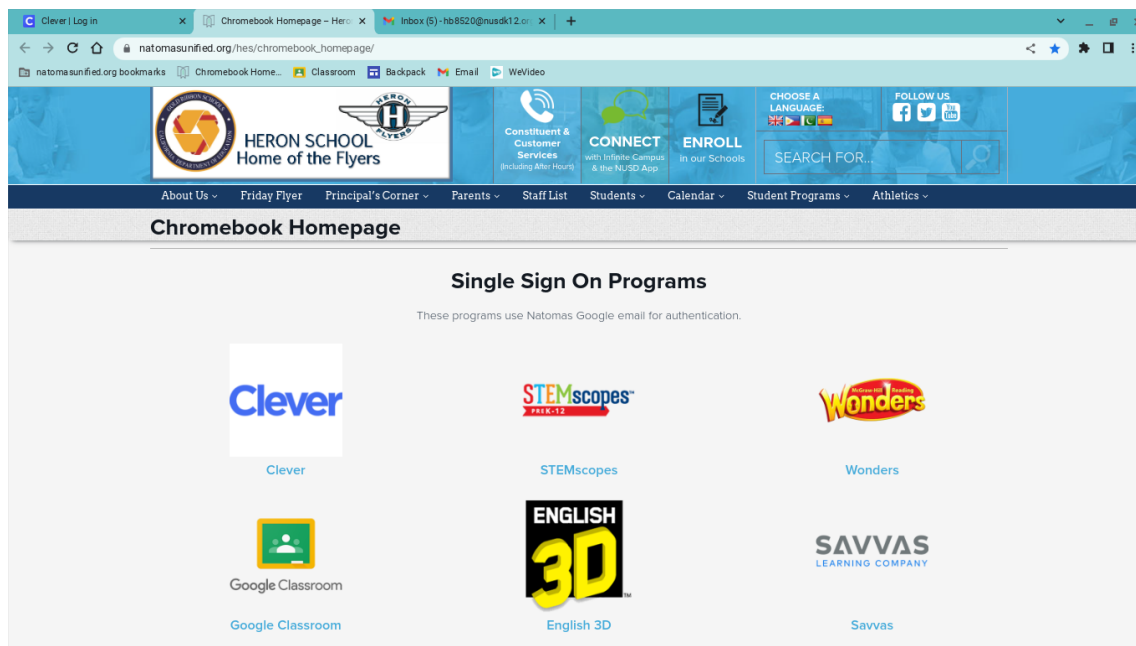
Sign up for access to:

- **Free Tutoring Anytime:** Your student will have unlimited and 24/7 access to virtual tutoring across core K-12 subjects from experts via live chat and a shared whiteboard.
- **Essay Review:** They can upload their essays, term papers, reports, admission essays, and more to an expert for proofreading and content guidance.
- **Always-on Enrichment:** They'll be able to sign up for interactive extracurricular classes and clubs that teach them skills like coding, animating, and financial literacy, and celebrity-led live StarCourses about space, archaeology, animals, and more.
- **Self-study Resources:** Your child will have extra tools to help them academically succeed like practice problems, instructional videos, and adaptive diagnostics.
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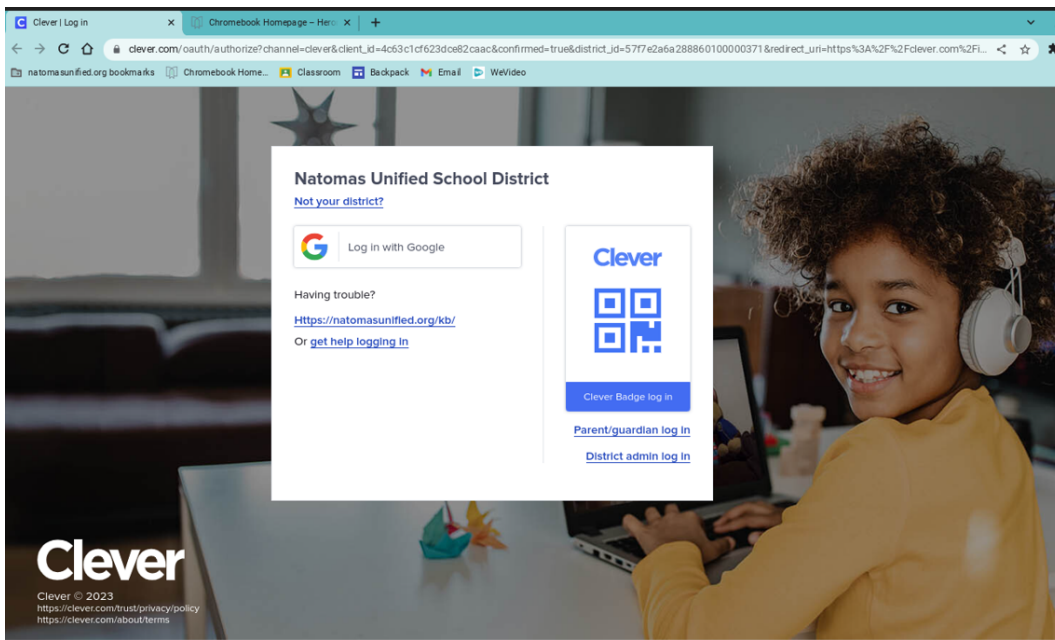
Students can get started by logging into Clever on their Natomas Unified School District Chromebook.

When they open their NUSD Chromebook, it will open to "Clever." Students would click "Varsity Tutors." This is where their access exists for all tutoring materials. Screenshots below show how to log in to Varsity Tutors.

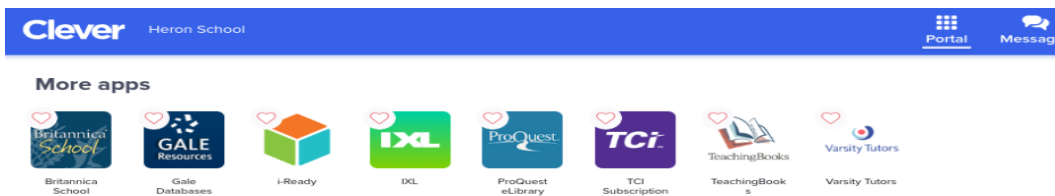
Step 1:



Step 2:



Step 3:



To learn more about how your student can maximize the benefits of this free resource, please review [this flyer](#) ([aquí para español](#)). Please, we encourage you to have your student use the resources over break, including the enrichment activities (from SEL to AP), the chat-based tutoring, and the essay submission and feedback.

News from the PTSA

- **Heron School Website** - Our website is a great resource of information about our school. You have access to current events information, our PTSA website, school supply lists, bell schedules, parent resources, school and district policies, after-school program information and athletic program information. Please make sure to visit it often!

<https://natomasunified.org/hes/>

Jog-a-thon Funds In Action

TK | -Barn Yard Animals on site Field Trip
-Teacher requested STEAM Materials

K | -Teacher Requested STEAM Materials
-Scholastic News
-2nd Grade Sierra Nevada Journey's On Site Science Field Trip

1 |
2 |

3 | -Teacher Requested STEAM Materials
4 | -Scholastic News

5 |
6 | -Maker Space Materials
-Generation Genius Subscription
-Seedlings for Tower Garden
-Hydroponics Supplies
-Scholastic News
-Teacher Requested STEAM Materials

7 | -Dissection Materials
8 | -Teacher Requested STEAM Materials
-Sugar Skull and Pinata Materials

SDC | -Scholastic News
-Headphones
-Alternative Seating
-Enrichment Books and Manipulatives

SUPPORT SERVICES | -Wobble Stools
-Teacher Requested Enrichment Materials
-SEL Peace Room Supplies

SCHOOL WIDE | -Library Books & Maintenance Materials
-Folding Tables
-PE Speaker and Turbo Scooters
-Seasonal /School Spirit Decor

SCHOOL WIDE | -Crocker Art Museum's Art Ark On Site for 9 days
-Monthly Recess Ball Replenishment
-Starfall Site License

Why Do We FUNDRAISE?

PTSA fundraising focuses on facilitating events that build community while bringing funds DIRECTLY to your STUDENT'S CLASSROOM. The fundraisers that we choose are the ones which share the most profit with the PTSA.

What This Means:

Money raised from the BARN DANCE, BUTTERBRAIDS, SEE'S CANDY and the GALA is spent by your student's teacher. They decide what they need to enrich your student's school experience. JOG-A-THON funds are spent in a way that benefits the most students school-wide. DINE TO DONATE funds allow PTSA to put on School Community Events and helps cover our operating expenses.

School Programs and Events PTSA Helps Support

- STEAM
- FAMILY READING NIGHT
- SCHOLASTIC NEWS
- MUFFINS WITH MOM
- ART DOCENT PROGRAM
- HAPPY NUMBERS
- STARFALL
- DONUTS WITH DAD

Have more questions or want to help? email: jilindner@natomasunified.org

2023-2024 and 2024-2025 Approved School Year Calendar

Below you will find the link for the approved school calendars for the 2023-24 and 2024-25 school year.

[new calendars for the 2023-2024 and 2024-2025 school years](#)



Heron Flyers

Congratulations on another great season!

Thank you to our wonderful coaches!



URGENT CARE NOW NATOMAS



NATOMAS UNIFIED SERVICE CENTER
1931 ARENA BLVD.



EVERY MONDAY & FRIDAY



7 AM - 7 PM



(916) 567-5454



URGENTCARE@NATOMASUNIFIED.ORG

SCAN OR CLICK ON
THE QR CODE
FOR MORE INFO & SIGNUP



HERON SCHOOL POLICY REMINDERS:

Away For the Day Cell Phone Policy

- In order to minimize distractions, foster student communication and collaboration, and protect students' privacy at school, we follow an "Away For the Day" cell phone policy at Heron. Cell phones, smart watches, or other communication and listening devices may not be used during the instructional school day, including during passing periods and lunch. If you feel your child must have a cell phone, it must remain away for the day and be TURNED OFF from the first bell in the morning until after the dismissal bell in the afternoon. Texting and filming are not permitted anytime during the school day, except for a valid instructional purpose determined by a teacher. Any device with a camera, video, or voice recording function shall not be used in any manner which infringes on the privacy rights of any other person.
- Failure to follow these guidelines will result in confiscation of the phone and/or detention. The cell phone may be retrieved by the student at the end of the day on the first offense, and will only be returned to a parent or guardian for further offenses. Parents and guardians who need to communicate with their child during the school day should call the main office at (916) 567-5680. It is not advisable to send your child to school with a costly cell phone, as the school is not responsible for lost, stolen, or damaged cell phones. You may also refer to the NUSD Student Code of Conduct located at <http://natomasunified.org>.

Dress Code

Board Policy 5132(a) : The Board of Trustees believes that appropriate dress and grooming contribute to a productive learning environment. The Board expects students to give proper attention to personal cleanliness and to wear clothes that are suitable for the school activities in which they participate. Students' clothing may not present a health or safety hazard or create a distraction which would interfere with the educational process. Students and parents/guardians shall be informed about dress and grooming standards at the beginning of the year and whenever these standards are revised.

- All clothing must be clean, suitable, and appropriate for school activities, including PE and recess.
- Shirts should be long enough to cover bellies when hands are raised.
- Undergarments should not be visible
- Pants, shorts and skirts must be fit around the waist; no sagging. Shorts and skirts should not be inappropriately short.
- Shoes must be tie or strap-on and suitable for running and other recess or PE activities. Flip Flops are not allowed.
- Hats may be worn for sun protection outside; hats are to be removed inside all buildings.
- All clothing should be free of "put downs" or other forms of language contrary to supporting academics and student success. Clothing that contains images of violence, is known by local law enforcement to be gang related, is distracting to the learning environment, promotes or glorifies drugs or violence is strictly prohibited. Students wearing such clothing will be asked

to call home for a change of clothes or required to change into clothing provided by the school.



Lunch Deliveries: Parents Must Report to School Office to Deliver Lunch - Food Delivery Services Not Allowed

Please be aware that if you are delivering lunch to your child, you still must come to the front office and check in as a visitor. Parents may not deliver food to their students directly at the gate outside. Students are not allowed to share food, so please be advised that parents may not bring large quantities of food intended for your child to share with others at lunch. Food delivery services such as DoorDash are NOT accepted in the office and will be turned away.

COVID Exposure Notifications and Protocols

The County Department of Public Health has been making frequent adjustments to guidelines to keep up with the surge, and we are doing our best to help our students and staff stay healthy while still keeping our main focus on our students and their academic, social emotional needs, and personal safety. You are going to see some change in how COVID cases are communicated and responded to at our school, including the following:

- 1) If there is a positive case in your child's classroom, the entire class will now be automatically notified of the potential exposure. You'll have to determine if your child was exposed based on the date the positive individual was last at school.
- 2) You will still have options to quarantine your child or have them tested due to an exposure, but we will no longer be testing all close contacts at school multiple times. If you would like your child tested, you can utilize a home test or one of the many testing options available, including testing office hours at Heron every day from 1:00-3:00. We now have a link on our website for you to sign up for a time if you would like to have your child tested at school.
<https://natomasunified.org/hes/>
- 3) The exception to this will be if a particular classroom or cohort has an outbreak, defined by 3 or more cases in a 14-day period. Those classrooms will be disinfected and all students not in quarantine will be required to be tested at school once a week until there is no longer an outbreak.
- 4) If there is a positive COVID case in your household, all students and staff who are vaccinated can continue to come to school as long as they are negative and do not have symptoms. However, they must take a test on the 5th day after exposure to ensure they are still negative. If students and staff are not vaccinated, they will need to quarantine at home and take a test on Day 5 to return. If you do not wish to be tested, they must quarantine for the full 10 days.
- 5) If a student or staff member tests positive, they must stay at home for a minimum of 5 days, testing on the 5th day and returning the next day if the test is negative and they have no symptoms. Otherwise, the positive individual must quarantine at home for the full 10 days.

→ **Parking Lot Safety-** Please only park your car on the street or in a MARKED PARKING SPACE. Please do not leave your car parked and unattended in the middle of the parking lot. This blocks other drivers in and backs up the parking lot into the street. Most importantly, it limits visibility of students and

creates a dangerous situation. Please remember the the bus lane on Minden is reserved for our school busses only; that may not be used for pick up or drop off.



Arrival and Dismissal:

It is our goal that your children arrive at school and are dismissed from school in a safe, timely, and orderly manner. The safety of your children is our number one priority! . Students who are having breakfast report directly to the cafeteria; all other 1-6 grade students must wait in classroom lines until morning recess begins at 8:00am (blacktop only). 7-8 grade students report to the middle school blacktop. TK and Kindergarten students report to classrooms. 1-6 grade students have morning recess from 8:00- 8:10am; 7-8 grade students report to 1st Period. Class begins at 8:05am for Middle School and at 8:15am for TK-6. Dismissal is at 2:08 pm for TK and Kindergarten (Pick up from classroom), 2:25pm for Grades 1-6, and 2:50pm for Grades 7- 8. There is no outdoor supervision for students before 8:00am or after 3:00pm. Students that arrive late will need to go to the office and check in prior to going to class.