NP3 COVID-19 Policies and Procedures for the 2022-2023 School Year

As we continue to live with COVID-19 in our community, NP3 updated our plans and policies for the upcoming school year. The policies referenced in this plan are aligned with the California Department of Public Health Schools Guidance. We will continue to monitor and follow local recommendations and guidance from Sacramento County Public Health.

As we begin the school year in the midst of another COVID-19 surge, we encourage all families to follow the COVID-19 policies and protocols guidance to keep our NP3 community safe.

Prioritizing Vaccination
This is our best protection against COVID-19 and the highly contagious Omicron Variant. While the vaccine may not always prevent infection, it has been proven to reduce the severity of infection, resulting in fewer hospitalizations and deaths. All students and family members 6 months and older are strongly encouraged to get vaccinated and boosted, when eligible. To find a vaccination clinic, please go to myturn.ca.gov. NUSD also has information on vaccination clinics on their website.

Masks
● Masks are strongly recommended for all K-12 students and staff, particularly indoors.
● Masks are strongly encouraged outdoors as well, when in close proximity to others.

Ventilation
● All classroom filters have been upgraded to high capacity MERV-13 and are changed every 3 months.
● Portable high efficiency air purifiers have been added to all classrooms.

Stay Home when Sick and Get Tested
● Students, teachers, and staff who have symptoms of infectious disease, such as influenza (flu) or COVID-19 are required to stay home and should contact their healthcare provider for testing and care.
● At home tests are readily available. All students will receive a home test kit the first week of school that contains 2 home tests. These should be used if a student is symptomatic or has had a recent exposure to COVID-19.
● Staff members and students with symptoms of COVID-19 infection cannot return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms. Please keep the decision tree (located on the back of this page) for your reference should a family member test positive for COVID-19.

Communication
We are no longer conducting contact tracing. Attending school, especially during times of high level of community transmission, is likely to result in exposure to COVID-19. We will continue to communicate to families if their student is part of a specific group/class/team that is being impacted by a COVID-19 outbreak.

We will continue to maintain a COVID-19 dashboard that will include weekly counts of new COVID-19 cases at NP3. If your student tests positive for COVID-19, it is essential that you communicate that to NP3 front office staff by phone. Doing so enables us to fulfill our reporting obligations to Sacramento County Public Health and maintain an accurate dashboard for our school community.
COVID-19 Exposures: Students with exposure to someone with COVID-19 may continue to take part in all aspects of school, including extracurricular activities, unless they develop symptoms or test positive for COVID-19. This includes students who have continuous household exposure (live with someone who has COVID-19). It is strongly recommended that exposed students wear a well-fitting mask indoors around others for at least 10 days following the date of last exposure. It is strongly recommended that the individual test for COVID-19 3 and 5 days after the exposure.