

Counseling Newsletter

Welcome to NP³ Middle School

Our Vision

The vision of NP3 counselors is to promote student resource and resiliency through informed and responsive practices. We will foster a healthy and safe community. We will be focused on student centered outcomes that are equitable and culturally responsive.

Services Provided

Assist students with academic, social and personal issues. Assist teachers with parent-team conferences, parent-teacher conferences, provide teachers and parents records of student's achievement, social and emotional development, and consult with teachers and parents as needed. Facilitate Student Support Team (SST) meetings, 504 meetings and also attend Individualized Education Plans.

How To Visit A Counselor

Self referral form
Referral from parent or teacher
Call or drop in



Linsey Dotson
last names A-K
(916) 567-5745

Ldotson@natomasunified.org

MEET
THE
COUNSELORS!



Lina Rashid
last names L-Z
(916) 567-5751

Lrashid@natomasunified.org

Hi families! We are so excited to meet our incoming Pirates! As their future counselors, our mission is to be proactive and assist in meeting the developmental, academic, and personal/social needs of every student. Our counseling program provides educational, preventative, and intervention services to help your student reach their full potential. These services are facilitated through individual/small group counseling and classroom guidance lessons.

Supporting the Transition to NP3 Middle School

Our goal is to get students excited about their transition to NP3 Middle School and reduce any anxiety by answering as many questions as possible. Please email us anytime with questions regarding their transition.

Intervention & Enrichment

NP3 Middle is proud and excited to offer both Intervention and Enrichment opportunities. The Intervention period is vital to meeting student needs and is structured to provide targeted and specific support and instruction to identified students. Enrichment is an opportunity for students to participate in enriching activities.

[Click here](#) to view the enrichment classes offered at NP3 Middle School. Classes are subject to change from year to year.