

January 29th, 2024

Dear NP3 Parent/Guardian:

This letter is to inform you about your child's participation in learning the content and skills of the California State Health Standards. The Health lessons will take place during your child's enrichment time over a one week period and **ALL** 6th grade students will participate in the health lessons (there is no opt out) at varied times throughout the spring during enrichment. Your child's learning will include information on Injury Prevention and Safety, Alcohol, Tobacco, and Other Drugs, and Personal Hygiene. The 6th grade health lessons **will not** include any sexual content. Lessons will be centered around healthy decision making, risk reduction and disease prevention and will be guided by the sixth grade California State Health standards.

Feel free to email me any questions you may have regarding the health curriculum or call me at 916-567-5740 x47211. Please see 6th advisory schedule below for Health lesson dates:

Feb 12-Feb 16 (Millet 6th advisory)
Feb 20-Feb 26 (January 6th advisory)
Feb 27-March 4 (Sakanari 6th advisory)
April 8-April 12 (Maan 6th advisory)
April 15-April 19 (Charlton 6th advisory)
April 22-April 26 (Thao 6th advisory)
April 29-May 3 (Marinkovich advisory)

Sincerely,

Cherise Wabinga, MA, PPS

Health Teacher

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