

**NATOMAS UNIFIED SCHOOL DISTRICT**  
**2023-2024 SEXUAL HEALTH AND HIV/AIDS PREVENTION EDUCATION**  
*(Applicable Only for the Current School Year)*

PARENTS: PLEASE READ AND COMPLETE THE INFORMATION BELOW AND RETURN IT TO YOUR SCHOOL

Students enrolled in Natomas Unified School District programs or activities may receive instruction in health education, including comprehensive sexual health education and HIV prevention and including information regarding sexual harassment, sexual abuse and human trafficking. Parents or guardians may submit a written request to excuse their child from participation in any class involving comprehensive sexual education or HIV prevention education, or from participation in any anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks.

I would like my child **excused** from:

- Participation in any class involving comprehensive sexual education or HIV prevention education.
- Participation in any anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks.

All instructional materials are available for review. You may also request a copy of the California Healthy Youth Act (California Education Code sections 51930–51939).

This instruction will be provided by Natomas Unified School District employees. If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please provide a signed, written note to your school’s principal.

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Signature of Parent/Guardian (if student is under 18)

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Signature of Student (if student is 18 or older)

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Signature of Student (if over age of 14 and homeless and unaccompanied youth)