

22/23 Athletic Participation Summary

The data below reflects the total number of players on a team roster on the official first day of competition.

School Name	Count of female athletes	Total count of female students in grades 4-12	% of athletic participation of 4th-12th grade female enrollment	Count of male athletes	Total count of male students in grades 4-12	% of athletic participation of 4th-12th grade male enrollment
American Lakes	77	180	43%	72	173	42%
Bannon Creek	67	114	59%	65	135	48%
H. Allen Hight Elementary	42	130	32%	52	148	35%
Heron	96	278	35%	147	320	46%
Inderkum High	271	1068	25%	356	1197	30%
Jefferson	63	177	36%	80	208	38%
Leroy Greene Academy	114	344	33%	129	407	32%
Natomas High	121	586	21%	134	640	21%
Natomas Middle	50	281	18%	61	380	16%
Natomas Park Elementary	46	103	45%	50	96	52%
Paso Verde	111	219	51%	117	239	49%
Two Rivers Elementary	43	108	40%	58	101	57%
Witter Ranch Elementary	50	104	48%	43	99	43%
Grand Total	1151	3692	31%	1364	4143	33%

School Name	Count of female athletes	Total count of female students in grades 4-12	% of athletic participation of 4th-12th grade female enrollment	Count of male athletes	Total count of male students in grades 4-12	% of athletic participation of 4th-12th grade male enrollment
Discovery High	2	54	4%	14	65	22%
Larry G. Meeks Academy	0	55	0%	0	78	0%

The table below shows the total number of students, by gender, participating in elementary and middle school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, resulting in these numbers being higher than the total number of students reported in the above table.

Elementary/Middle Boys Sports

Sport	ALS	BCS	HAH	HES	JFS	LGA	NMS	NPE	PVS	TRE	WRE	Total
Basketball 4/5 Boys		13										13
Basketball 4th Boys	5		13	28	9			15	22	27	6	125
Basketball 5th Boys	12		11	26	11			15	21	20	13	129
Basketball 6th Boys	18	18		18	15	12	9		18			108
Basketball 7/8 Boys	8	7		12	13	12	14		13			79
Cross Country 4th Boys		1		5	14			3		3	3	29
Cross Country 5th Boys	1	1		4	11			4		3	6	30
Cross Country 6th Boys	1			3	12							16
Cross Country 7/8 Boys	5			2		5			12			24

Flag Football 4/5 Boys	10	4								9	23	
Flag Football 4th Boys			10	21	15				14	1	61	
Flag Football 4th CoEd								13		11	27	
Flag Football 5th Boys			10	17	20				16	8	71	
Flag Football 5th CoEd								10		10	29	
Flag Football 6th Boys	9	6		24	13		12		11		75	
Flag Football 6th CoEd						18					18	
Flag Football 7/8 Boys	11	4		11	18	17	17		10		88	
Soccer 4th Boys	8	10	6	20	9			12	12	24	116	
Soccer 5th Boys	7	11	11	20	12			18	11	13	124	
Soccer 6th Boys	11	11		14	8	17	12		13		86	
Soccer 7/8 Boys	17	14		16	5	19	14		14		99	
Volleyball 5th CoEd				1				10	3	1	15	
Volleyball 6th CoEd				4					2		6	
Volleyball 7/8 Boys									17		17	
Volleyball 7/8 CoEd A				4							4	
Volleyball 7/8 CoEd B				3							3	
Grand Total	123	100	61	253	185	100	78	100	209	112	94	1415

Elementary/Middle Girls Sports

Sport	ALS	BCS	HAH	HES	JFS	LGA	NMS	NPE	PVS	TRE	WRE	Total
Basketball 4/5 Girls		13						19				32
Basketball 4th Girls	6		6	11	5				14	13	4	59
Basketball 5th Girls	9		15	18	6				15	17	16	96
Basketball 6th Girls	12			6	5	12	8		10			53
Basketball 7/8 Girls	6	4		7	16	8	8		12			61
Cross Country 4th Girls		3		4	7				12	2		28

Cross Country 5th Girls		3		9	12			2		3	6	35
Cross Country 6th Girls		5		2	10	2						19
Cross Country 7/8 Girls	1			4								5
Flag Football 4th CoEd										2		2
Flag Football 5th CoEd										2	2	4
Flag Football 6th CoEd						1						1
Soccer 4/5 Girls								20				20
Soccer 4th Girls	14	8	8	13	3			16	15	15	12	104
Soccer 5th Girls	15	5	10	17	8			19	16	17	16	123
Soccer 6th Girls	13	8		10	9	15	13		15			83
Soccer 7/8 Girls	14	15		20	11	16	16		7			99
Volleyball 4/5 Girls									18			18
Volleyball 4th CoEd		9		7				5				21
Volleyball 4th Girls	8		10		6					6	13	43
Volleyball 5th CoEd		9		10				19	19	9		66
Volleyball 5th Girls	6		15		13						22	56
Volleyball 6th CoEd		7		9		17			17			50
Volleyball 6th Girls	11				9		9					29
Volleyball 7/8 CoEd A				8								8
Volleyball 7/8 CoEd B				8								8
Volleyball 7/8 Girls	10	5			18	12	13					58
Grand Total	125	94	64	163	138	83	67	100	170	86	91	1181

The tables below show the total number of students, by gender, participating in high school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, so these numbers will be higher than the total number of students reported in the summary table above.

High School Boys Sports

Sport	DHS	IHS	LGA	NHS	Total
Baseball JV		21			21
Baseball Varsity		18	17	19	54
Basketball 9th Boys		16		11	27
Basketball JV Boys		15		14	29
Basketball Varsity Boys	22	16	14	13	65
Cross Country Boys		12	9	1	22
Football 9th		24			24
Football JV		38		23	61
Football Varsity		33		28	61
Golf Boys		15	5	2	22
Soccer 9th Boys		25			25
Soccer JV Boys		22		24	46
Soccer Varsity Boys		26	18	16	60
Swim & Dive Boys		26			26
Tennis Boys		21			21
Tennis CoEd				6	6
Track & Field Boys		45		9	54
Volleyball 9th Boys		7			7
Volleyball JV Boys		10			10
Volleyball Varsity Boys		10	13	21	44
Water Polo Boys		28			28
Wrestling Boys		39		17	56
Grand Total	22	467	76	204	769

High School Girls Sports

Sport	DHS	IHS	LGA	NHS	Total
Basketball JV Girls		12			12
Basketball Varsity Girls		12	11	9	32
Cheer JV		17			17
Cheer Varsity		23		19	42
Cross Country Girls		7	10	5	22

Football 9th		1			1
Golf Girls		14		3	17
Soccer 9th Girls		15			15
Soccer JV Girls		20			20
Soccer Varsity Girls		25	19	23	67
Softball JV		16			16
Softball Varsity		14	14	25	53
Swim & Dive Girls		39		9	48
Tennis CoEd				13	13
Tennis Girls		21			21
Track & Field Girls		38		7	45
Volleyball 9th Girls		13			13
Volleyball JV Girls		12		10	22
Volleyball Varsity Girls		13	14	14	41
Water Polo Girls		20			20
Wrestling Girls		6		13	19
Grand Total	0	338	68	150	556

In summary: In 22/23 there was an overall 2% participation increase in female athletes, to 31%, and male athletes remained the same at 33%.

Bannon Creek had the largest % increase for MS/K-8's with a total of 59% participation of all girls (a 23% increase from 21/22) and 48% participation of all boys (a 15% increase from 22/23).

Witter Ranch had the largest % increase for Elementary with a total of 48% for girls (a 17% increase) and 43% for boys (a 11% increase).