

Visit In-Shape Family Fitness and take advantage of your **CORPORATE DISCOUNT**

IN-SHAPE FAMILY FITNESS AMENITIES

Child Care, Kidz Klub and Kid Zone*†
Large Cardio Area with Personal Viewing Screens
Indoor and Outdoor Pools†
Unlimited Studio Classes
Saunas, Steam Rooms and Spas†
Pickleball, Racquetball and Tennis†
Indoor and Outdoor Turf and Functional Training Zones
Strength Training and Free Weight Areas

WORK DAY CONVENIENCES

29-Minute Circuit®
Complimentary Wi-Fi
Locker Room and Shower Necessities
Healthy Drinks + Snacks*
Towel Service*†
Coffee Bars*†
Massage Chairs*†
HydroMassage Beds*†

ADDITIONAL AMENITIES*

PREFERRED

ELEVATE

VTL TRAINING™

RSTUDIO
RECOVER X RESTORE

RQT
PICKLEBALL, RACQUETBALL &
TENNIS CLINICS

IN-SHAPE
SWIM
SCHOOL | YOUTH | RECREATION

FREE WORKOUT WITH A CLUB TOUR

Valid same day of tour. Must be at least 18 years of age with valid photo ID. Limit one free workout, per person, every 6 months. Club tour with Membership Experience Advisor required. Amenities and facilities vary by location.



Visit inshape.com for more club details. Enroll through the Enrollment Portal or at your local club.

*Additional fees may apply. †Amenities and facilities vary by location.



Enrollment
Portal

Natomas USD
25% Discount off Recurring Monthly MTM Membership Dues
Waived Enrollment, Prorate & Annual Enhancement Fee
Payroll Deduct Account

IN-SHAPE
FAMILY FITNESS